



## Helpful Information for Patients

- Translation services can be provided if requested.
- Depending on which tests are ordered, we will draw between 1 – 5+ test tubes of blood at your visit.
  - Consent can be given for blood draw verbally or by presenting your arm to the phlebotomist for assessment.
  - The phlebotomist can be asked to stop the procedure at any time. However, this may affect test results.
  - The phlebotomist can provide information regarding the laboratory complaint process if requested.
  - Do not stop or change medications prior to your blood draw.
  - If fasting is required, OFC Victoria staff will provide instructions in advance of the blood draw appointment.
  - Dependent on the tests ordered, one blood sample tube may be enough to run multiple tests. However, some tests require different types of tubes, or multiple of the same type of tube.
- We will draw at minimum 1-2mL of blood into each test tube.
  - Blood samples must fill at least 1/3 of each tube in order to have enough blood to accurately perform the test(s). If not enough blood is drawn, the test cannot be run and you will be required to return for an additional blood sample to be drawn.
- Risks for patients:
  - Reaction from venipuncture (Mild)
    - Fainting
    - Vomiting
    - Hematoma
  - Reaction from venipuncture (Severe)
    - Seizures
    - Convulsions
  - Spill of specimens during transport or storage
    - Exposure to infectious materials and diseases



- Typically, most blood test results will be available the same day, however some blood test results will take 24-48 hours to result.
- For specialty tests performed at outside labs results may take longer, or in the case of specific tests, such as the AMH or NIPT tests, results may take up to two weeks or more.
- Fees may apply to Non-MSP testing.
- Occasionally the labs used by Olive Fertility experience difficulties that affect their ability to provide results within the stated time frames. We will notify you of expected delays when possible.
- Sometimes samples will be rejected by the laboratory analyzing the sample. Every attempt will be made to ensure accuracy in all components of the sample collection, including verifying your personal information with you throughout the process, to ensure samples are not unnecessarily rejected.
- Criteria for rejected samples include:
  - Missing information from your requisition
  - Incorrect labels applied to tubes/requisition
  - Sample container damaged or unsuitable for use
  - Sample collected at the wrong time (ie. Fasting glucose should be draw prior to eating in the morning)
  - Insufficient quantity of sample for testing
  - Hemolysis, icterus or lipemia of samples for certain tests

Some blood tests at our clinic will be sent out to another laboratory to complete the testing. We protect your confidential information and will only share information pertinent to the specific tests being performed by the outside laboratory. You will sign consent for sharing of information when completing your patient information documents for the testing lab.

These tests include:

- Non-Invasive Prenatal Testing – tests performed by Ovo Clinique
- Genetic Carrier Testing – tests performed by Igenomix
- Infectious Disease Screening – tests performed by the BC Centre for Disease Control



All other blood tests are sent to Life Labs to be analyzed.

Some blood tests are ordered “STAT” to ensure the results are obtained the same day in order to guide your treatment decisions. These “STAT” tests are not covered by MSP and include:

- Estradiol

### **Urine Collection Instructions for Chlamydia & Gonorrhea:**

If your health care provider has requested a urine specimen, please follow these instructions.

1. Do not urinate for 1 hour before collection.
2. The container provided by the laboratory will have your name, date of birth, and the date of collection. The 30 mL level will be marked on it. Collect the first 30 mL of urine passed. It is important to collect the first part of the urine stream. Mid-stream urine is unacceptable.
3. Providing more than 60 mL of urine will affect the test results. If more than 60 mL is collected, wait 1 hour and recollect another urine specimen.
4. OFC Victoria staff will provide instructions on where to leave the sample for testing.